



Anne Gordon Center for Active Adults at Millbrook Exchange **Social Programs**

Beginner Line Dance for Active Adults

Experience the fun of line dancing. Come and learn some easy line dances, a great way to get some exercise and put a smile on your face. Instructor: Mitzi Kelley

#131031 Fridays, September 21-28
#131032 Fridays, October 5-26
#131033 Fridays, November 2-23
#131034 Fridays, December 7-28

10:00 AM-11:00 AM
10:00 AM-11:00 AM
10:00 AM-11:00 AM
10:00 AM-11:00 AM

Class Fee: \$0
Class Fee: \$0
Class Fee: \$0
Class Fee: \$0

Golden Years Clubs

There are 48 Golden Years Clubs located throughout the city. The clubs are composed of persons 55+. Anyone meeting the age requirement may join. Club activities vary from club to club and may include Social, Trips, Cards, Games and/or luncheons. Group sizes vary between 10 to over 200 members. For information visit us at parks.raleighnc.gov keyword search: golden years clubs.

Fifty Five Plus Club

The 55+ Club, one of the Golden Years Clubs, meets at the Anne Gordon Center for Active Adults. This weekly club does a range of activities; including luncheons, cards, games, trips and socializing. Please contact group leader for more information, Martha 919-847-3686. ***Annual dues are collected for this club.*

Wednesdays, September 5-26
Wednesdays, October 3-31
Wednesdays, November 7-28
Wednesdays, December 5-26

9:15 AM-11:15 AM Relocated to Community Center
9:15 AM-11:15 AM
9:15 AM-11:15 AM
9:15 AM-11:15 AM

Bingo

Come and enjoy making friends and sharing lots of laughs while playing Bingo! This is not your typical Bingo...we play a variety of games each day from straight bingo, to 4 corners, postage stamp and clear all. Cost is \$1 for 3 cards or 50 cents per card.

#127426 Fridays, September 7-December 21

10:00 AM-12:00 PM Relocated to Community Center 7th & 14th

Grandparent/Grandchild Story Time

Celebrate National Take a Child Outdoors Week with this special grandparent/grandchild activity. This story time focuses on reptiles and is followed by a visit from a few live animals to see and touch. Pre-registration is required by September 21.

#128642 Thursday, September 27

1:30 PM- 2:15 PM

Class Fee: \$2

Men's Monday Mornings

Men, are you looking for a place to hang out, play some games, make new friends and socialize that is for guys only? Men's Monday Mornings is just what you're looking for. Drop in and enjoy some coffee, play some card games, participate in a game of Cornhole, or just hang out. *There will be no Men's Morning on September 24, November 12 & December 24.* No fee.

#130999 Mondays, September 17-December 31

9:00 AM-12:00 PM

Read and Go

Are you an avid reader? Do you like to travel? The new Read and Go series combines the best of these two activities. Participants will read a select group of fiction and nonfiction books based on North Carolina locations and then travel to these sites to explore the areas the books are based on. Find reading list on website parks.raleighnc.gov keyword: read and go list

#132177 Registration for Mailing List

See reverse side for more programs.....

1901 Spring Forest Rd, Raleigh, NC 27615 919-996-4720
parks.raleighnc.gov keyword search: Anne Gordon Center



Thursday Theater

Do you enjoy movies: classics, westerns, romance, suspenseful, or box office hits? Come and enjoy popcorn, soda/coffee or bring your own snack while you watch a movie with your friends. Great place to make friends and socialize. For movie schedule please visit parks.raleighnc.gov keyword search: Thursday Theater. Pre-registration required due to popularity.

10:00 AM-12:00 PM Class Fee: \$2

#130987	October 4	The Best Exotic Marigold Hotel
#130988	October 11	The Avengers
#130989	October 18	The Five Year Engagement
#130990	October 25	Snow White and the Huntsman
#130991	November 1	The Rum Diary
#130992	November 8	Everything Must Go
#130993	November 15	Dark Shadows
#130994	November 29	The Double
#130995	December 6	The Raven
#130996	December 13	Sarah's Key
#130997	December 20	Jim Gaffigan Mr Universe
#130998	December 27	No Strings Attached

Adult Program Trips

Smithfield, NC

Saturday September 8

Trip Cost: \$40 per person

This trip includes shopping at the Carolina Outlet Mall, DeWaynes, dinner on your own at Cracker Barrel and a ticket to Johnston Community College Performing Arts Center "Red Clay Ramblers"

Raleigh Newcomers

October: To Be Announced

Trip Cost: To Be Announced

New to the area? Here's your chance to visit our Capital City's Museums, parks and other attractions.

Statesville, NC

October 20-21

Trip Cost: To Be Announced

Experience the beauty and fun at the NC Hot Air Balloon Festival. This will be an overnight trip. More to details and information will soon be announced.

Barn Dinner Theater

November: To Be Announced

Trip Cost: To Be Announced

Experience a delicious meal and production at this historic Greensboro theater.

Nashville, TN

November 28-December 2

Trip Cost: \$1845 double occupancy *

This 5 days 4 nights flying trip to Nashville, TN includes: Stay at the Gaylord Opryland Resort, city tour, Country Music Hall of Fame, Radio City Rockettes Christmas Spectacular, and much more. There will be an additional cost of \$500 for single supplement.

Meadows, NC

December: To Be Announced

Trip Cost: To Be Announced

Holiday light show and delicious dinner at one of the area's best holiday sites!

Ways To Register For Programs and Trips

Mail-In

Send registration form and payment to:

Anne Gordon Center for Active Adults

1901 Spring Forest Rd, Raleigh, NC 27615

Walk-In

Bring your completed registration form and payment to any of our staffed Parks and Recreation sites during regular business hours. **Trip registrations must be taken to one of the two Active Adult Centers.*

Online with Reclink

Visit Reclink at www.raleighnc.gov. Reclink allows you to search for classes, programs, and events by age, location, barcode, or keyword. With your Family PIN and Client Barcode you can then complete your registration and payment on line. **Trip registrations are not accepted on this site.*

**All trips will now meet and leave from the Anne Gordon Center for Active Adults
at Millbrook Exchange, 1901 Spring Forest Rd, Raleigh, NC 27615.**

The Adult Program Trip Brochures and Trip Flier/Registration can be found on our website at parks.raleighnc.gov Keyword: Adult Trips or by calling 919-996-4720.